



通告編號：2022/23-171

各位家長：

### 更新「學校健康指引」

政府已於 2023 年 3 月 1 日起全面撤銷強制佩戴口罩的要求。所有學校教職員、學生及到訪人士在校舍範圍內毋須佩戴口罩。為此，衛生防護中心已更新「學校健康指引」。根據相關指引，佩戴口罩仍能有效減低傳播病毒的風險，同時保護佩戴者和其他人。如教職員及學生有發燒或出現呼吸道感染症狀，應按衛生防護中心建議戴上貼面的外科口罩，停止上班或上課，避免前往人多擠迫的地方，並盡早求診。家長可按需要安排子女佩戴貼面的外科口罩。

此外，教育局由 2023 年 3 月 1 日起取消中學生每日回校前必須完成快速抗原測試的要求。惟家長仍需確保每天學生回校前已量度體溫，並為子女記錄及簽署學生手冊內之「體溫及快速抗原測試記錄表」。

學生如出現身體不適（例如發燒或咳嗽）或出現疑似病徵者，必須立即求診，進行快速抗原測試，並不應上學。如證實子女患上 2019 冠狀病毒病，家長必須立刻通知學校。考慮到學生已經歷了一段需要佩戴口罩的日子，部分學生或會對撤銷佩戴口罩的要求感到不適應，我們建議家長參考教育局的相關資訊 (<https://mentalhealth.edb.gov.hk/tc/promotion-at-the-universal-level/promotional-resources-for-schools/97.html>)，協助學生逐步適應新的生活習慣，正面地迎接復常的學校生活。

敬祝  
安康！

校長  
談國軒

2023 年 3 月 1 日





Circular No.: 2022/23-172

1 March 2023

Dear Parents,

**Update of the “Health Protection Measures for Schools”**

The Government has fully lifted the compulsory mask-wearing requirement starting from 1 March 2023. All school staff, teachers, students and visitors are no longer required to wear masks in the school premises. In the meantime, the Centre for Health Protection (CHP) has updated the “Health Protection Measures for Schools” guidelines. According to the guidelines, wearing masks can effectively reduce the risk of viral transmission and at the same time, protect the wearer and other persons. If teachers, school staff and students have fever or respiratory symptoms, they should wear well-fitted surgical masks according to the CHP’s recommendations. They should not go to work or school and should avoid going to crowded environments. If necessary, parents can arrange for their children to wear masks.

Also, the Education Bureau lifted the requirement for secondary school students to undergo daily Rapid Antigen Test (RAT) before going to school with effect from 1 March 2023. However, parents are still required to ensure that their children have taken their body temperatures, and to sign their children’s “Body temperatures and Rapid Antigen Test Record” in the Student’s Handbook before they return to school.

If students developed symptoms (such as fever and cough), they should seek medical advice as soon as possible, should not go to school, and should undergo self-arranged RAT. For students with positive test results, they should inform the school immediately. In view that students have been wearing masks for a period of time, some students may feel uncomfortable with the cancellation of mask-wearing requirement. Parents may refer to the relevant information provided by EDB (<https://mentalhealth.edb.gov.hk/en/promotion-at-the-universal-level/promotional-resources-for-schools/97.html>) to help their children gradually adapt to new living habits and stay positive upon resumption of normal school life.

Thank you for your attention!

Yours sincerely,

Tam Kwok Hin  
Principal

